

# SKINLAB

FACE BODY LASER

## DERMAPLANING AFTERCARE ADVICE

- There is no downtime with dermaplaning. You can continue with your normal activities straight away.
- You can wear makeup immediately afterwards, but we advise to wait until the next day as we would recommend with any facial we offer at SKINLAB.
- Following your dermaplaning treatment at SKINLAB we will apply a medical grade SPF. Any treatment that removes the top layer of dead skin cells will make your skin more UVA/UVB sensitive and put you at risk of pigmentation.
- Wearing an SPF every day is the best aftercare and skincare advice we could give anyone, whether you have had dermaplaning or not. This is due to the fact that 80-90% of ageing is caused by UVA/UVB rays.
- Avoid heat treatments (sauna, steam room etc) for the next 24 hours. Your skin maybe more prone to irritation directly after dermaplaning than it normally would, so sweating can further increase the irritation.
- Whilst you will have amazing instant results, following a good skincare routine for your skin type will give better long-lasting results as the days follow after your treatment. This is because, by removing the top layer of dead skin cells and vellus hair you are allowing your skin care products to penetrate the skin at a deeper level, making them more effective.
- A minimum of 3 weeks in-between each dermaplaning session is recommended.
- DO NOT actively tan or use sunbeds for 7 days post treatment.

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