

# SKINLAB

FACE BODY LASER

## PROFHILO AFTERCARE ADVICE

- Immediately after treatment there may be slight redness, swelling, bruising and tenderness, itching sensation in the treated area. These reactions are temporary and generally disappear in a few days. If it continues or if other reactions occur, please contact your practitioner Sarah Diamond on the phone number below.
- Avoid touching the treatment area for 6 hours after the treatment. After that the area can be washed with a gentle cleanser and sterile make-up can be applied.
- Until the initial swelling and redness have resolved, do not expose the treated area to intense heat (e.g. solarium and sunbathing) or extreme cold. Avoid strenuous exercise and swimming to avoid risk of infection.
- Avoid alcohol for 24hrs before and after treatment – this can increase the risk of bruising.
- Apply SPF 50 sunscreen.
- Please discuss any further cosmetic procedures with your practitioner.
- Do not massage or manipulate the treated area.
- Stay hydrated.

## SCHEDULE YOUR NEXT VISIT

Your next Profhilo appointment:

Date \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

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SKINLAB

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